

The Khepera Curriculum Works!

In sites that have used the Khepera Curriculum, an independent evaluation done by San Francisco State University showed that students who participated in the program experienced:

- Increases in GPA.
- Increases in Life Satisfaction.
- Increases in Self-Esteem.
- Increases in Self-Worth.

How Can I Get The Khepera Curriculum?

Due to the importance of this work, and the critical nature of a full understanding of the underlying concepts for those teaching the curriculum, we require that all curriculum users are fully trained.

The Khepera Curriculum can be implemented in your organization in one of two ways:

- 1) The curriculum can be purchased along with training for facilitators from your organization or
- 2) Our trained facilitators can come to your site in the San Francisco Bay Area and implement the curriculum, through our **Secrets of Life** program.

For more information or to schedule a meeting with us please call:

510 387 2142

or email nailahs@berkeley.edu

Supported by Akoben Entertainment, LLC

THE KHEPERA CURRICULUM
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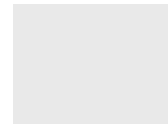


The Khepera Curriculum

Multi-Media * Interactive * Culturally Relevant



**Inspiring Youth &
Young Adults
to
Successfully Engage in
Academics & Life**





The Khepera Curriculum



Overview of the Curriculum

Why are so many of our young people failing to take full advantage of the learning opportunities in their classrooms, schools, and communities? Why do so many succumb to violence, illegal behaviors, and the drug trade? We all know it is not a matter of intelligence or potential. It is an issue of inspiration, and in our MTV/BET culture it's no surprise that so many of our young people don't see themselves as smart, capable, and intellectual and are instead choosing to be indifferent, apathetic, and downright oppositional. It is our view that at the heart of youths decisions to drop out of school or simply not take advantage of opportunities available to them are three core issues:

- 1) how they choose to see themselves,
- 2) their ability to manage their emotional responses to the world around them and channel their personal will positively, and
- 3) their clarity about their life's purpose.

How do youth see themselves and who do they identify with? Do youth understand the

personal will within them that is capable of expressing and/or managing the emotions that drive their choices and behavior? What is their life purpose and how do they see their place in the world and their future? When the answers to these questions are not clear for young people, and the decisions that they make about their lives are not conscious and informed, they are unable to explore their full potential, and thus sell themselves short by living lives that continue to bring them pain and hardship.

Mission Statement:

To Inspire the 'Yet to be Motivated'

The goal of The Khepera Curriculum is to open up the world to these youth, to move them towards achieving their full potential both socially, academically and in their lives more broadly.

Written by Baayan Bakari, who has worked with youth for over 18 years, and Dr. Na'ilah Suad Nasir, a professor of educational psychology at **Stanford University**, The Khepera Curriculum draws on contemporary youth culture to support youth as they explore their identity options, learn how to manage their emotions and channel their

personal will, and develop a positive sense of purpose for their lives. Multi-media, culturally-sensitive, and engaging, the program has been highly effective at reducing antisocial behaviors, increasing self-worth, and supporting positive engagement with school. The curriculum is constantly evolving to stay relevant. It consists of **powerpoint slides, films, music and interactive activities that excite and engage the students.**

Designed to be used at
High Schools, Colleges,
Group Homes,
Community-Based
Organizations, Non-Profit
Organizations, Faith
Based Organizations
and any other program
working with youth and
young adults.